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Department of Mental Health and Mental Retardation
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MEMORANDUM

TO: Vermont Adult Performance Indicator Project Advisory Group

FROM:  John Pandiani
Rachel Mayer *LM*

DATE: July 30, 1997

RE: 72 Hour Hold in Hospitals in Vermont

The attached report is the first in our series on patterns of hospital and community mental health treatment in Vermont.

As always, we look forward to your comments on the quality of the data, the appropriateness of the analysis, and the effectiveness of the presentation of these data, as well as your interpretation of the results.

If you would like, I will be happy to distribute any of your comments and/or questions to the other members of the group.

72 Hour Hold in Vermont General Hospitals

Question:

In November 1994, Vermont initiated an involuntary 72 hour program hold at Fletcher Allen Health Care in Burlington. Since that time, similar programs have been implemented at Central Vermont Hospital (July 1995) and Windham Center (June 1996). The data presented below are a profile of 72 hour hold utilization rates through June 1997. (This is related to MHSIP Report Card Appropriateness Indicator #3, "The percentage of admissions for psychiatric inpatient treatment that are involuntary".)

Data:

Data on involuntary 72 hour hold are submitted to the Vermont State Hospital by participating general hospitals. A database describing each episode are maintained by the Department of Developmental and Mental Health Services.

Results:

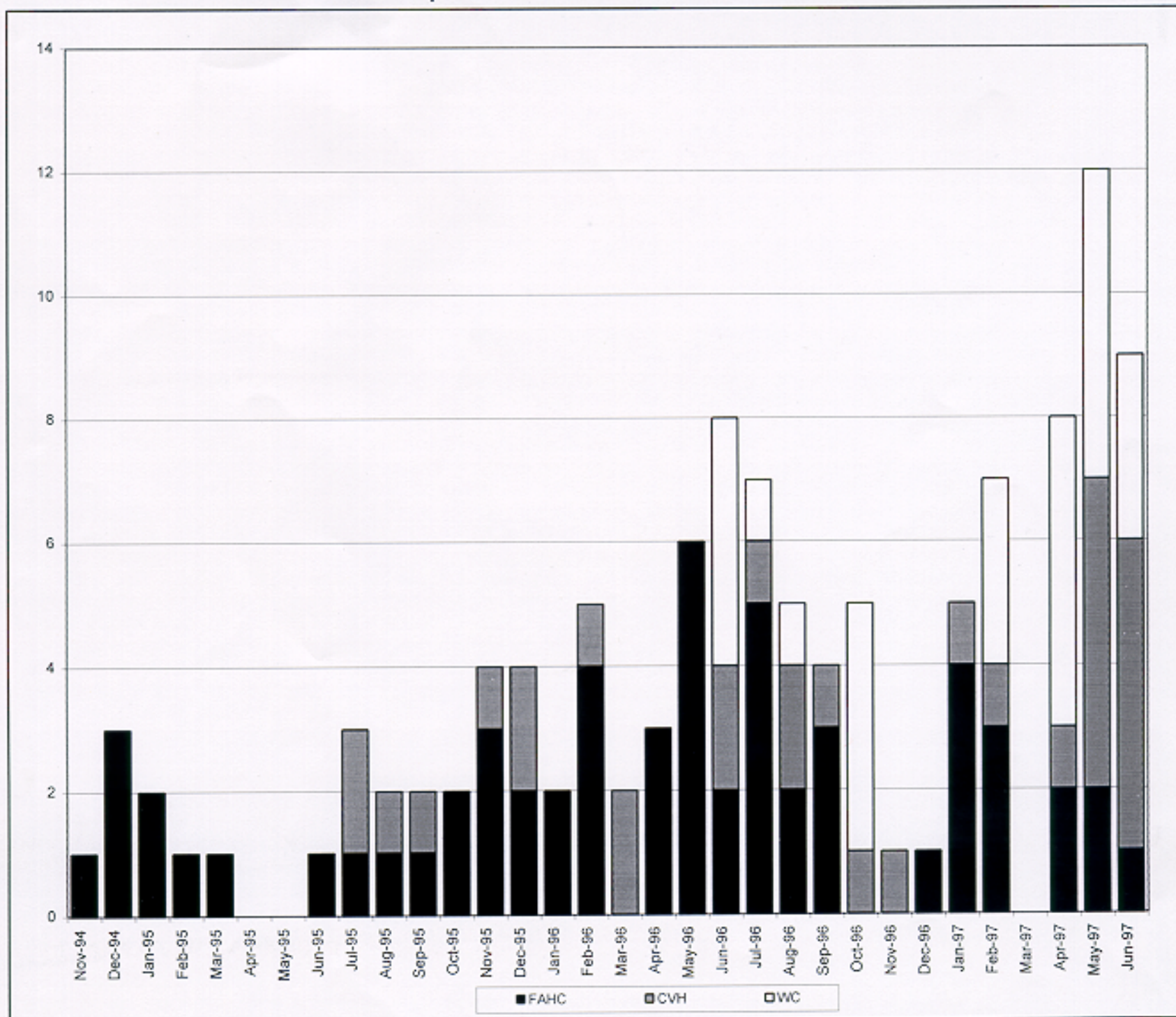
There has been a general upward trend in the number of admissions to 72 hour hold over this 2 ½ year period. Less than 3 people were admitted to 72 hour hold during each of the first 3 months. More than 8 people were admitted to 72 hour hold during each of the most recent 3 months. During the most recent 3 months, Windham Center had the most admissions to 72 hour hold (13) followed by Central Vermont Hospital (11). Fletcher Allen had the fewest admissions to 72 hour hold (5).

Next Questions:

Has the total number of involuntary admissions to psychiatric care in Vermont decreased, increased, or stayed about the same since the initiation of 72 hour hold?

How many of the people admitted to 72 hour hold are admitted to the Vermont State Hospital at the end of their 72 hour hold? How many convert to voluntary and remain in general hospitals? How many people leave inpatient care at the end of their 72 hour hold? Will the utilization of 72 hour involuntary hold change with the implementation of a managed care financing model for outpatient services in Vermont?

**Number of Patients Admitted to 72-hr Hold
in General Hospitals in Vermont Nov 1994-June 1997**



Number of Admissions

	Nov-94	Dec-94	Jan-95	Feb-95	Mar-95	Apr-95	May-95	Jun-95	Jul-95	Aug-95	Sep-95	Oct-95	Nov-95	Dec-95	Jan-96	Feb-96	Mar-96	Apr-96	May-96	Jun-96	Jul-96	Aug-96	Sep-96	Oct-96	Nov-96	Dec-96	Jan-97	Feb-97	Mar-97	Apr-97	May-97	Jun-97	Total
TOTAL	1	3	2	1	1	0	0	1	3	2	2	2	4	4	2	5	2	3	6	8	7	5	4	5	1	1	5	7	0	8	12	9	116
Fletcher Allen Health Care	1	3	2	1	1	0	0	1	1	1	1	2	3	2	2	4	0	3	6	2	5	2	3	0	0	1	4	3	0	2	2	1	59
Central Vermont Hospital	0	0	0	0	0	0	0	0	2	1	1	0	1	2	0	1	2	0	0	2	1	2	1	1	1	0	1	1	0	1	5	5	31
Windham Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4	1	1	0	4	0	0	0	3	0	5	5	3	26